



SAWBRIDGEWORTH  
SPELLBROOK  
HIGH WYCH  
GILSTON  
EASTWICK  
ALLENS GREEN

# COVID 19 NEED HELP?

Your local churches have teamed up to bring you help and support in whatever form that may take during this COVID 19 Pandemic.

Call

**0800 689 1724**

(Freephone)

**For help with:**

Prescription collection

Shopping

Prayer

Anything else





# **Corona Virus Help**

## **Sawbridgeworth & District Churches Action Group**

Dear Residents, Your local Churches have formed a partnership providing volunteers to help you, particularly if you've been advised not to leave your homes during the Covid-19 outbreak.

Our teams are hard at work to reduce the pressure to visit shops and pharmacies – let us do it for you to keep you safe and protect the NHS.

We know there are lots of challenges with self-isolation. Do give us a call for a chat or for essential supplies.  
Simply call us and select the assistance you require:

**0800 689 1724**

Shopping – Prescription Collection – Other Help Including a Friendly Chat – Prayer Requests (just leave us a message)

We urge everyone to be mindful of only accepting assistance from those already known to them, OR our authorised volunteers who will always use a password agreed with you when you contact us. Our delivery volunteers hold a valid DBS check.

All your local Churches are working in partnership, caring for the community and loving our neighbours.

**A partnership between:**

**Great St Mary's Parish Church Sawbridgeworth, Sawbridgeworth  
Evangelical Congregational Church, Most Holy Redeemer Catholic  
Church, The Parochial Church Council of High Wych**

**Endorsed by Sawbridgeworth Town Council and The Parish Council's  
of High Wych, and Eastwick & Gilston**